

The BUC Starts Here



Small Talk

More conference honors to report this month, including **Katie Tull** being named the Big South Player of the Year. It is the fifth Player of the Year award for CSU this year (Hill, Boyce, Tull, Martin and Young) once again proving we have some of the best athletes in the Big South. Tull was also a first-team All-Big South selection, while **Kelsey Wasmer** was named to the second-team, and all-academic team.

The April edition of this newsletter means that a number of our spring sports are already looking forward to their Big South tournaments as well, and we certainly want to wish everyone the best of luck whether in the regular season or trying to earn that bid to the NCAA's.

Since our last newsletter, Javon Young made it to the NCAA Indoor Championships in the 60m and 200m dash events for the second year in a row and was one of just two people in the Big South to qualify for the meet. He went on to earn second-team USTFCCA All-American honors in the 200m dash. Tennis player Alia Nour was named the Big South Freshman of the Week, and Jacobo Pastor earned Golfer of the Week honors twice.

Please continue to support our teams in action so that we can finish the school year strong and have plenty more accolades to report.

Also, don't forget to keep up with your fellow athletes through our Facebook, Twitter, and YouTube pages.

Go BUCS!

LOYALTY

"Being devoted and faithful to a person, group, or institution"

We don't get a chance to pick the family that we are born into; parents, brothers, sisters, or where we are born; hometown, high school, country. But that fact doesn't stop us from being quick to defend these people or institutions if we believe that they have been offended or disrespected. Some of us get a chance to pick our teammates (recruiting visits) and everyone can pick their friends, where they work, where they go to college, and which pro teams they want to support. With the above relationships come allegiance, faithfulness and devotion in varying degrees and we call this LOYALTY.

Some of us find it easier to be loyal than others. Most of us find it easier to be loyal to family and friends, and don't quite understand people going to games in face/body paint (don't wear a Cowboys' jersey to an Eagles' game!). We can debate the merits of LOYALTY ("America, Love it or Leave it!") but for us to be successful, we must fully understand LOYALTY and how this character trait can help us become successful.

If we were to magically remove LOYALTY from the pro sports scene you would see some drastic things happen. The sales of team gear would drop, season ticket sales would fall, and TV and radio contracts would lose value. Well, this does happen at times because of franchise losing. In this case, fan devotion and loyalty is conditional. It is contingent on the object of the devotion, in this case winning. If "conditional loyalty" is applied to friendship relationships, you could call them "fair-weather friends." I am sure that we don't feel comfortable applying "conditional loyalty" to our family situations. We expect "unconditional loyalty" out of our families, loyalty that is not based on performance or conditions. I have used these two extremes to illustrate the difference between "conditional" and "unconditional" LOYALTY. What we all want is unconditional loyalty from our families, friends, teammates, coaches, etc. What we tend to give, if we are not careful, is conditional LOYALTY.

The question that needs to be asked is "Why is this discussion so important?" I believe that is because of the importance of LOYALTY. LOYALTY is the glue that holds relationships together, and it must be unconditional. We need to be devoted to teammates, coaches and our school because of who and what they are rather than what they are doing for us. Present in all athletic programs is a trap that if we are not careful, we fall into, and that trap is making LOYALTY conditional. This is a naturally human tendency, but it must be recognized and dealt with effectively. I am sure that if we thought it through, we would realize that conditional loyalty is not really loyalty at all, but another term of self-centeredness. Teams must be held together, through the high and low times, but a LOYALTY that enables each of us to feel the support of teammates, coaches, and University regardless of our performance levels and most importantly, we must make every effort to give the same to them. Effort should be made to "show" LOYALTY. What can you do to show your support for teammates, coach, or your University? How you answer that question is critical to our success and why the character trait LOYALTY is a ...

MARK OF A CHAMPION!

--Hank Small, Athletic Director

Support your fellow athletes

Athletic calendar of events through April 30

April		
1-2	Track & Field	@ Pepsi Florida Relays 2 / 4 p.m.
1	Softball	Presbyterian (DH) 2 p.m.
1	Baseball	Asheville 2 p.m.
2	W. Tennis	@ Asheville 11 a.m.
2	Softball	Presbyterian 2 p.m.
2	Baseball	Asheville 2 p.m.
3	Baseball	Asheville 2 p.m.
4-5	W. Golf	@ Hall of Fame Classic 2:30 p.m.
5	W. Tennis	@ Coastal Carolina 5 p.m.
5	Softball	@ South Carolina 7 p.m.
5	Baseball	@ Georgia Noon / 2 p.m.
6-9	Track & Field	@ Clyde Littlefield Texas Relays 2 p.m.
6	W. Tennis	@ UNC-Wilmington 5 p.m.
6	Baseball	@ Georgia 2 p.m.
8-9	Track & Field	@ Duke Invitational 2 / 4 p.m.
8	Softball	@ Liberty (DH) 6 p.m.
8	Baseball	@ Gardner-Webb 10 a.m.
9	Track & Field	@ Murray Neeley Invitational 1 p.m.
9	W. Tennis	Campbell 2 p.m.
9	Softball	@ Liberty 2 p.m.
9	Baseball	@ Gardner-Webb Noon / 2 p.m.
10	Softball	@ Longwood (DH) 2 p.m.
10	Baseball	@ Gardner-Webb 2 p.m.
11-13	W. Golf	@ Big South Championship
11-12	M. Golf	@ Wofford Invitational
12	W. Tennis	@ East Carolina 2 p.m.
12	Baseball	College of Charleston 3 p.m.
13	Softball	@ Coastal Carolina 4 p.m.
13	Baseball	@ College of Charleston 6 p.m.
15	Baseball	VMI 2 p.m.
16	Baseball	VMI 2 p.m.
16	Softball	@ Winthrop (DH) 2 / 4 p.m.
17	Softball	@ Winthrop 1 p.m.
17	Baseball	VMI 2 p.m.
18-20	M. Golf	@ Big South Championship
19	Baseball	The Citadel 3 p.m.
20	Softball	College of Charleston (DH) (<i>Strike out Cancer</i>)... 2 / 4 p.m.
21-23	Track & Field	@ Big South Championship
21-23	W. Tennis	@ Big South Championship
22	Softball	Gardner-Webb (DH) 2 / 4 p.m.
22	Baseball	@ Winthrop 6 p.m.
23	Softball	Gardner-Webb 2 p.m.
23	Baseball	@ Winthrop (DH) 2 / 5 p.m.



Credit Hours and Degree Progress

As a student-athlete, NCAA regulations require that you remain enrolled in a minimum of 12 credit hours in order to remain eligible for practice and competition during the semester. If you compete while enrolled in less than 12 credit hours, the institution is in danger of forfeiting the contest. As a requirement for restoring your eligibility, the NCAA will require you to sit out twice the number of games you competed while ineligible. Keep in mind that CSU's "Failure Due to Absence Policy - FA" can cause you to drop below twelve hours as soon as the grade is officially recorded in the records office.

NCAA regulations further require that you officially declare a major leading toward a bachelor's degree by the beginning of your second year of enrollment or 5th semester. Once you have declared a major, every credit you earn must be applicable toward that specific degree. Do not change your major without first consulting with the Student-Athlete Success Coordinator, as this could negatively impact your eligibility for competition.

Ask before you act! If you have questions regarding these topics or other compliance issues, contact Mike Hammond at extension 7080.

◆ ACADEMIC CALENDAR ◆

April 4 - 15	Advisement and Preregistration for Freshmen
April 18	Last Date to Withdraw from Day or Regular Evening Class with a Grade of "WP" or "WF"
April 19	Last Date to Withdraw from Accelerated II with a Grade of "WP" or "WF"
April 22	Good Friday, Holiday (Campus Closed)
April 25	All Classes Resume
April 26	All Classes End
April 27 – May 3	Final Exams, Day and Regular Evening Classes
April 28	Accelerated II Final Exams
May 7	Commencement Ceremony

