

**Hokie Invitational
January 22-23, 2010
UPDATED TENTATIVE SCHEDULE**

Friday, January 22, 2010

Start		Field Event
5:00pm	Women	Triple Jump
5:00pm	Men	Triple Jump
5:00pm	Women (unseeded section)	Pole Vault
5:00pm	Men	Weight Throw
7:00pm	Women	Weight Throw
7:30pm	Men (unseeded section)	Pole Vault

Start		Running Events
4:00pm	Women	3000m Run
4:30pm	Men	3000m Run
5:00pm	Women	60m Hurdles-Prelim
5:20pm	Men	60m Hurdles-Prelim
5:40pm	Women	60m Dash-Prelim
6:05pm	Men	60m Dash-Prelim
6:15pm	Women	4 x 800m Relay
6:30pm	Men	4 x 800m Relay
6:50pm	Men	60m Hurdles- Final
6:55pm	Women	60m Hurdles- Final
7:10pm	Men	60m Dash- Final
7:20pm	Women	60m Dash- Final
7:30pm	Women	Mile Run
7:55pm	Men	Mile Run
8:20pm	Women	600m Run
8:30pm	Men	600m Run
8:50pm	Women	300m Run
9:05pm	Men	300m Run

Saturday, January 23, 2010

Start		Field Events
9:00am	Women	High Jump (Men to Follow)
11:00am	Women (seeded section)	Pole Vault
12:00pm	Men	Shot Put
12:00pm	Women	Long Jump
12:00pm	Men	Long Jump
2:00pm	Men (seeded section)	Pole Vault
2:00pm	Women	Shot Put

Start		Running Events
11:00pm	Women	5000m Run
11:25pm	Men	5000m Run
11:50pm	Women	400m Run
12:10pm	Men	400m Run
12:30pm	Women	800m Run
12:45pm	Men	800m Run
1:05pm	Women	200m Run
1:25pm	Men	200m Run
1:45pm	Women	1000m Run
2:00pm	Men	1000m Run
2:15pm	Women	Distance Medley Relay
2:35pm	Men	Distance Medley Relay
2:55pm	Women	4 x 400m Relay
3:15pm	Men	4 x 400m Relay